



The Wrythe Green Surgery

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June 2018

PATIENTS PARTICIPATION GROUP NEWS

At the May Patients Participation Group (PPG), Nurse Julie Fuller from Guy's and St. Thomas' Hospitals gave a talk on her work with GP surgeries in the Carshalton and Wallington area.



Nurse Fuller is working on around 20 different research studies with the help of patients at our own Wrythe Green Surgery and nine other local GP surgeries. The studies form part of research to find the most effective treatments for particular conditions. Five of the studies recently completed or still underway are listed below.

- A. **Barack D:** This study is looking at whether using a drug which protects the heart is useful when given to patients with moderate kidney impairment. 1,600 patients nationally are taking part in this study. Side effects are monitored every 3 months for 3 years.
- B. **'Panda' Study:** This study looked at the effectiveness of anti-depressive drugs as compared to 'talking' therapies for those with mild to moderate depression.
- C. **Heat Study:** This looked at the use of low dose aspirin to protect against heart disease to see if it caused gastric problems in people with Helicobacter Pylori in their stomachs. 25% of people over the age of 60 carry this bacteria usually with no ill effect. It is more prevalent in some geographical areas. The symptoms can be treated.
- D. **'Candid':** This study looked at which tests are necessary when people report symptoms that may be diagnosed as cancer and to establish whether other tests should also be taken.
- E. **AIM HY:** This is a new study on blood pressure and different ethnic groups to see how they respond to different blood pressure medication.

These research studies are very helpful to future patients as the results and feedback from the research helps the medical profession to develop effective treatments.

Our next PPG meeting is on WEDNESDAY 11 July. Please see page 2 of this Newsletter for details.

Social Wellbeing and Practice News



NHS Freedom to Speak Out Guardian

GP Practices are now required to appoint a person to represent staff who wish to report issues of concern to them. The Wrythe Green Surgery has appointed a member of staff at another surgery to undertake this role, maintaining impartiality for Green Wrythe staff.

New General Data Protection Regulations, May 2018

The Wrythe Green Surgery's policy on data protection (Re: The new General Data Protection Regulations, May 2018), informs patients how the Surgery will protect their personal information. The policy is displayed on it's website and the electronic noticeboard. Leaflets containing the policy are available at the Surgery.

The next meeting of the PPG will be held on:

**Wednesday 11 July 2018 from 1 – 3 pm at the
Wrythe Green Surgery**

SPEAKER

Dr. Heather Hawksley from the Chronic Pain Service at Epsom & St. Helier University Hospitals NHS Trust will explain the difference between acute and chronic pain and how to manage chronic pain.

**All Wrythe Green Surgery patients are welcome to attend.
Refreshments will be available.**

If you would like to receive PPG and surgery updates by email and text, please complete this slip and hand it in at Reception.

Name: _____

Email _____

Mobile Phone No. _____